

The Center for Advanced Medicine

America #539 Norte * Col. Centro * Monterrey * Nuevo Leon * Mexico 64000 * USA Phone 360-547-1100

Herxheimer Reaction Record

Patient's Name: Available on Request

Start Date: July 2, 2005

Week 1

07-02 Saturday

Administered medication "A" at 3 pm in the afternoon
Administered medication "B" at 8 pm. No Reaction.

07-03 Sunday

Administered medication "B" at 10 am after breakfast. Herxheimer Reaction commenced in the afternoon with slight sweating and the onset of general malaise, body temperature slightly elevated.

Mild headache in the evening and overnight. Sweating overnight.

Administered medication "A" at 7 pm.

07-04 Monday

Administered medication "B" at 10 am after breakfast. Herxheimer Reaction intensifies, sweating, malaise improved.

Pain in ankles, lower back and hands with swelling of left middle finger. Cannot make fist with left hand. Right hand stiff but can make a weak fist, body temperature slightly elevated. low energy, spent the day in bed.

Urine color includes a dark red (rust) color that quickly precipitates.

Mild headache in the evening and overnight. Sweating overnight.

07-05 Tuesday

Administered medication "B" at 10 am after breakfast.

Herxheimer Reaction continues, sweating, malaise reduced.

Pain in ankles, lower back and hands reduced, swelling of left middle finger unchanged.

Cannot make fist with left hand.

Right hand stiff but can make a stronger fist than yesterday, body temperature normal.

Higher energy in the morning less energy in the afternoon, made two errands one mid-morning and one early afternoon of about 30 minutes each.

Urine color now includes a dark red (rust) color that quickly precipitates.

Light intermittent headache thru the day and overnight.

Sweating overnight.

The Center for Advanced Medicine

America #539 Norte * Col. Centro * Monterrey * Nuevo Leon * Mexico 64000 * USA Phone 360-547-1100

Herxheimer Reaction Record

Patient's Name: Available on Request

Start Date: July 2, 2005

07-06 Wednesday

Administered medication "B" at 10 am after breakfast.

Herxheimer Reaction continues, sweating, malaise minimal.

Pain in ankles, lower back and hands reduced to "normal", swelling of left middle finger unchanged. Cannot make fist with left hand. Right hand stiffness improved and can make an even stronger fist than yesterday, body temperature normal. higher energy in the morning less energy in the afternoon, made two errands one mid-morning and one early afternoon of about 30 minutes each.

Urine color now includes a dark red (rust) color that quickly precipitates.

Light intermittent headache thru the night. Sweating overnight.

07-07 Thursday

Administered medication "B" at 10 am after breakfast.

Herxheimer Reaction reducing, sweating reduced, malaise gone.

No pain in ankles, lower back gone, discomfort in right hand improving.

Swelling of left middle finger showing improvement. Can make a weak fist with left hand, middle finger not clamping down though because swelling of middle finger remains.

Right hand stiffness improved and can make an even stronger fist than yesterday, body temperature normal. Urine color includes smaller amount of the dark red (rust) color that quickly precipitates. higher energy than yesterday, Wednesday

Sweating overnight.

07-08 Friday

Administered medication "B" at 1:00 p.m.

Herxheimer Reaction continues to reduce, sweating reduced, malaise gone.

No pain in ankles, lower back none, discomfort in right hand improving.

Swelling of left middle finger continuing to improve. Can make a tighter fist than yesterday with left hand, middle finger still not clamping down though because of swelling. Right hand stiffness greatly improved and can make an even stronger fist than yesterday, body temperature normal. Higher energy level than yesterday, Thursday.

Urine color includes an amount of the dark red (rust) color that quickly precipitates.

Early morning headache at 3:30 a.m. Improved at 5:05 a.m. Friday

Sweating overnight and during the day. Intermittent headache during the day.

Week 2

The Center for Advanced Medicine

America #539 Norte * Col. Centro * Monterrey * Nuevo Leon * Mexico 64000 * USA Phone 360-547-1100

Herxheimer Reaction Record

Patient's Name: Available on Request

Start Date: July 2, 2005

07-16 Saturday

Herxheimer Reaction unnoticeable, sweating normal, no malaise.

Normal energy level today. No pain in ankles, lower back none, no discomfort in right hand. Left middle finger swelling normal, discomfort improved from yesterday.

Can now make a tight fist with left hand with only slight discomfort in the middle finger.

Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort.

Body temperature normal.

No overnight discomfort in left middle finger.

Normal sweating overnight and during the day.

Administered medication "A" after supper.

07-17 Sunday

Herxheimer Reaction unnoticeable, sweating normal, no malaise.

Normal energy level today.

No pain in ankles, lower back none, no discomfort in right hand.

Left middle finger swelling normal, discomfort improved from yesterday.

Can now make a tight fist with left hand with only slight discomfort in the middle finger.

Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort.

Body temperature normal. No overnight discomfort in left middle finger.

Normal sweating overnight and during the day. (Its summertime)

Administered medication "A" after supper.

07-18 Monday

Herxheimer Reaction unnoticeable, sweating normal, no malaise.

Normal energy level today.

No pain in ankles, lower back none, no discomfort in right hand.

Left middle finger swelling normal, discomfort diminished from yesterday.

Can now make a tight fist with left hand with only slight discomfort in the middle finger.

Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort.

Body temperature normal. No overnight discomfort in left middle finger.

Normal sweating overnight and during the day. (Its summertime)

The Center for Advanced Medicine

America #539 Norte * Col. Centro * Monterrey * Nuevo Leon * Mexico 64000 * USA Phone 360-547-1100

Herxheimer Reaction Record

Patient's Name: Available on Request

Start Date: July 2, 2005

07-19 Tuesday

Herxheimer Reaction unnoticeable, sweating normal, no malaise.

Normal energy level today.

No pain in ankles, lower back none, no discomfort in right hand.

Left middle finger swelling normal, discomfort diminished from yesterday.

Can now make a tight fist with left hand with only slight discomfort in the middle finger.

Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort.

Body temperature normal. No overnight discomfort in left middle finger.

Normal sweating overnight and during the day. (Its summertime)

07-20 Wednesday

Herxheimer Reaction unnoticeable, sweating normal, no malaise.

Normal energy level today.

No pain in ankles, lower back none, no discomfort in right hand normal.

Left middle finger swelling normal, discomfort now changed to slightly sensitive.

Can now make a tight fist with left hand with very slight discomfort in the middle finger.

Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort.

Body temperature normal. Urine color - normal yellow.

No overnight discomfort in left middle finger.

Normal sweating overnight and during the day. (Its summertime)

07-21 Thursday

Herxheimer Reaction unnoticeable, sweating normal, no malaise.

Normal energy level today.

No pain in ankles, lower back none, no discomfort in right hand normal.

Left middle finger swelling normal, slightly sensitive - a bit stiff.

Can now make a tight fist with left hand with very slight discomfort in the middle finger.

Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort.

Body temperature normal. Urine color - normal yellow.

Slight overnight discomfort in left middle finger.

Normal sweating overnight and during the day. (Its summertime)

The Center for Advanced Medicine

America #539 Norte * Col. Centro * Monterrey * Nuevo Leon * Mexico 64000 * USA Phone 360-547-1100

Herxheimer Reaction Record

Patient's Name: Available on Request

Start Date: July 2, 2005

07-22 Friday

Herxheimer Reaction unnoticeable, sweating normal, no malaise.

Normal energy level today.

No pain in ankles, lower back none, no discomfort in right hand normal.

Left middle finger swelling normal, slightly sensitive - a bit stiff.

Can now make a tight fist with left hand with very slight stiffness in the middle finger.

Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort, no stiffness.

Body temperature normal. Urine color - normal yellow.

Slight overnight discomfort in left middle finger.

Normal sweating overnight and during the day. (Its summer time)

Week 3

07-23 Saturday

Herxheimer Reaction unnoticeable, sweating normal, no malaise.

Normal energy level today.

No pain in ankles, lower back none, no discomfort in right hand normal.

Left middle finger swelling normal, slightly sensitive - a bit stiff.

Can now make a tight fist with left hand with very slight stiffness in the middle finger.

Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort, no stiffness.

Body temperature normal. Urine color - normal yellow.

Slight overnight discomfort in left middle finger.

Normal sweating overnight and during the day. (Its summertime)

Administered medication "A" after supper.

The Center for Advanced Medicine

America #539 Norte * Col. Centro * Monterrey * Nuevo Leon * Mexico 64000 * USA Phone 360-547-1100

Herxheimer Reaction Record

Patient's Name: Available on Request

Start Date: July 2, 2005

07-24 Sunday

Herxheimer Reaction unnoticeable, sweating normal, no malaise.

Normal energy level today.

No pain in ankles, lower back none, no discomfort in right hand normal.

Left middle finger swelling normal, slightly sensitive - a bit stiff.

Can now make a tight fist with left hand with very slight stiffness in the middle finger.

Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort, no stiffness.

Body temperature normal. Urine color now includes dark red (rust) color that quickly precipitates.

Slight overnight discomfort in left middle finger.

Normal sweating overnight and during the day. (Its summertime)

Administered medication "A" after supper.

07-25 Monday

Herxheimer Reaction unnoticeable, sweating normal, slight malaise.

Normal energy level today.

No pain in ankles, lower back none, no discomfort in right hand normal.

Left middle finger swelling normal, slightly sensitive - a bit stiff.

Can now make a tight fist with left hand with very slight stiffness in the middle finger.

Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort, no stiffness.

Body temperature normal. Urine color now includes dark red (rust) color that quickly precipitates.

Slight overnight discomfort in left middle finger.

Normal sweating overnight and during the day. (Its summertime)

The Center for Advanced Medicine

America #539 Norte * Col. Centro * Monterrey * Nuevo Leon * Mexico 64000 * USA Phone 360-547-1100

Herxheimer Reaction Record

Patient's Name: Available on Request

Start Date: July 2, 2005

07-26 Tuesday

Herxheimer Reaction unnoticeable, sweating normal, slight malaise.

Normal energy level today.

No pain in ankles, lower back none, no discomfort in right hand normal.

Left middle finger swelling normal, slightly sensitive - a bit stiff.

Can now make a tight fist with left hand with very slight stiffness in the middle finger.

Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort, no stiffness.

Body temperature normal. Urine color now includes dark red (rust) color that quickly precipitates.

Slight overnight discomfort in left middle finger.

Normal sweating overnight and during the day. (Its summertime)

07-27 Wednesday

Herxheimer Reaction unnoticeable, sweating normal, no malaise.

Normal energy level today.

No pain in ankles, lower back none, no discomfort in right hand normal.

Left middle finger swelling normal, slightly sensitive - a bit stiff.

Can now make a tight fist with left hand with very slight stiffness in the middle finger.

Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort, no stiffness.

Body temperature normal. Urine color normal

Slight overnight discomfort in left middle finger.

Normal sweating overnight and during the day. (Its summertime)

07-28 Thursday

Herxheimer Reaction unnoticeable, sweating normal, no malaise.

Normal energy level today.

No pain in ankles, lower back none, no discomfort in right hand normal.

Left middle finger swelling normal, slightly sensitive - a bit stiff.

Can now make a tight fist with left hand with very slight stiffness in the middle finger.

Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort, no stiffness.

The Center for Advanced Medicine

America #539 Norte * Col. Centro * Monterrey * Nuevo Leon * Mexico 64000 * USA Phone 360-547-1100

Herxheimer Reaction Record

Patient's Name: Available on Request

Start Date: July 2, 2005

Body temperature normal. Urine color normal
Slight overnight discomfort in left middle finger.
Normal sweating overnight and during the day. (Its summertime)

07-29 Friday

Herxheimer Reaction unnoticeable, sweating normal, no malaise.
Normal energy level today.
No pain in ankles, lower back none, no discomfort in right hand normal.
Left middle finger swelling normal, slightly sensitive - a bit stiff.
Can now make a tight fist with left hand with very slight stiffness in the middle finger.
Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort, no stiffness.
Body temperature normal. Urine color normal
Slight overnight discomfort in left middle finger.
Normal sweating overnight and during the day. (Its summertime)

Week 4

07-30 Saturday

Herxheimer Reaction unnoticeable, sweating normal, no malaise.
Normal energy level today.
No pain in ankles, lower back none, no discomfort in right hand normal.
Left middle finger swelling normal, slightly sensitive - a bit stiff.
Can now make a tight fist with left hand with very slight stiffness in the middle finger.
Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort, no stiffness.
Body temperature normal. Urine color normal
Slight overnight discomfort in left middle finger.
Normal sweating overnight and during the day. (Its summertime)
Administered medication "A" after supper.

07-31 Sunday

The Center for Advanced Medicine

America #539 Norte * Col. Centro * Monterrey * Nuevo Leon * Mexico 64000 * USA Phone 360-547-1100

Herxheimer Reaction Record

Patient's Name: Available on Request

Start Date: July 2, 2005

Herxheimer Reaction unnoticeable, sweating normal, no malaise.
Normal energy level today.
No pain in ankles, lower back none, no discomfort in right hand normal.
Left middle finger swelling normal, slightly sensitive - a bit stiff.
Can now make a tight fist with left hand with very slight stiffness in the middle finger.
Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort, no stiffness.
Body temperature normal. Urine color has slight reddish precipitate.
Slight overnight discomfort in left middle finger.
Normal sweating overnight and during the day. (Its summertime)
Administered medication "A" after supper.

08-01 Monday

Herxheimer Reaction unnoticeable, sweating normal, no malaise.
Normal energy level today.
No pain in ankles, lower back none, no discomfort in right hand normal.
Left middle finger swelling normal, slightly sensitive - a bit stiff.
Can now make a tight fist with left hand with very slight stiffness in the middle finger.
Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort, no stiffness.
Body temperature normal. Urine color has slight reddish precipitate.
Slight overnight discomfort in left middle finger.
Normal sweating overnight and during the day. (Its summertime)

08-02 Tuesday

Herxheimer Reaction unnoticeable, sweating normal, no malaise.
Normal energy level today.
No pain in ankles, lower back none, no discomfort in right hand normal.
Left middle finger swelling normal, slightly sensitive - a bit stiff.
Can now make a tight fist with left hand with very slight stiffness in the middle finger.
Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort, no stiffness.
Body temperature normal. Urine color has high reddish precipitate.
Slight overnight discomfort in left middle finger.
Normal sweating overnight and during the day. (Its summertime)

The Center for Advanced Medicine

America #539 Norte * Col. Centro * Monterrey * Nuevo Leon * Mexico 64000 * USA Phone 360-547-1100

Herxheimer Reaction Record

Patient's Name: Available on Request

Start Date: July 2, 2005

08-03 Wednesday

Herxheimer Reaction unnoticeable, sweating normal, no malaise.

Normal energy level today.

No pain in ankles, lower back none, no discomfort in right hand normal.

Left middle finger swelling normal, slightly sensitive - a bit stiff.

Can now make a tight fist with left hand with very slight stiffness in the middle finger.

Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort, no stiffness.

Body temperature normal. Urine color has high reddish precipitate.

Slight overnight discomfort in left middle finger.

Normal sweating overnight and during the day. (Its summertime)

08-04 Thursday

Herxheimer Reaction unnoticeable, sweating normal, no malaise.

Normal energy level today.

No pain in ankles, lower back none, no discomfort in right hand normal.

Left middle finger swelling normal, slightly sensitive - a bit stiff.

Can now make a tight fist with left hand with very slight stiffness in the middle finger.

Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort, no stiffness.

Body temperature normal. Urine color has slight reddish precipitate.

Slight overnight discomfort in left middle finger.

Normal sweating overnight and during the day. (Its summertime)

08-05 Friday

Herxheimer Reaction unnoticeable, sweating normal, no malaise.

Normal energy level today.

No pain in ankles, lower back none, no discomfort in right hand normal.

Left middle finger swelling normal, slightly sensitive - a bit stiff.

Can now make a tight fist with left hand with very slight stiffness in the middle finger.

Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort, no stiffness.

The Center for Advanced Medicine

America #539 Norte * Col. Centro * Monterrey * Nuevo Leon * Mexico 64000 * USA Phone 360-547-1100

Herxheimer Reaction Record

Patient's Name: Available on Request

Start Date: July 2, 2005

Body temperature normal. Urine color normal.
Slight overnight discomfort in left middle finger.
Normal sweating overnight and during the day. (Its summertime)

Week 5

08-06 Saturday

Herxheimer Reaction unnoticeable, sweating normal, no malaise.
Normal energy level today.
No pain in ankles, lower back none, no discomfort in right hand normal.
Left middle finger swelling normal, slightly sensitive - a bit stiff.
Can now make a tight fist with left hand with very slight stiffness in the middle finger.
Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort, no stiffness.
Body temperature normal. Urine color normal.
Slight overnight discomfort in left middle finger.
Normal sweating overnight and during the day. (Its summertime)
Administered medication "A" after supper.

08-07 Sunday

Herxheimer Reaction unnoticeable, sweating normal, no malaise.
Normal energy level today.
No pain in ankles, lower back none, no discomfort in right hand normal.
Left middle finger swelling normal, slightly sensitive - a bit stiff.
Can now make a tight fist with left hand with very slight stiffness in the middle finger.
Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort, no stiffness.
Body temperature normal. Urine color normal.
Slight overnight discomfort in left middle finger.
Normal sweating overnight and during the day. (Its summertime)
Administered medication "A" after supper.

08-08 Monday

Herxheimer Reaction unnoticeable, sweating normal, no malaise.
Normal energy level today.

The Center for Advanced Medicine

America #539 Norte * Col. Centro * Monterrey * Nuevo Leon * Mexico 64000 * USA Phone 360-547-1100

Herxheimer Reaction Record

Patient's Name: Available on Request

Start Date: July 2, 2005

No pain in ankles, lower back none, no discomfort in right hand normal.
Left middle finger swelling normal, slightly sensitive - a bit stiff.
Can now make a tight fist with left hand with very slight stiffness in the middle finger.
Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort, no stiffness.
Body temperature normal. Urine color has slight reddish precipitate.
Slight overnight discomfort in left middle finger.
Normal sweating overnight and during the day. (Its summertime)

08-09 Tuesday

Herxheimer Reaction unnoticeable, sweating normal, no malaise.
Normal energy level today.
No pain in ankles, lower back none, no discomfort in right hand normal.
Left middle finger swelling normal, slightly sensitive - a bit stiff.
Can now make a tight fist with left hand with very slight stiffness in the middle finger.
Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort, no stiffness.
Body temperature normal. Urine color has higher reddish precipitate.
Slight overnight discomfort in left middle finger.
Normal sweating overnight and during the day. (Its summertime)

08-09 Tuesday

Herxheimer Reaction unnoticeable, sweating normal, no malaise.
Normal energy level today.
No pain in ankles, lower back none, no discomfort in right hand normal.
Left middle finger swelling normal, slightly sensitive - a bit stiff.
Can now make a tight fist with left hand with very slight stiffness in the middle finger.
Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort, no stiffness.
Body temperature normal. Urine color has Slight reddish precipitate.
Slight overnight discomfort in left middle finger.
Normal sweating overnight and during the day. (Its summertime)

08-10 Wednesday

The Center for Advanced Medicine

America #539 Norte * Col. Centro * Monterrey * Nuevo Leon * Mexico 64000 * USA Phone 360-547-1100

Herxheimer Reaction Record

Patient's Name: Available on Request

Start Date: July 2, 2005

Herxheimer Reaction unnoticeable, sweating normal, no malaise.
Normal energy level today.
No pain in ankles, lower back none, no discomfort in right hand normal.
Left middle finger swelling normal, slightly sensitive - a bit stiff.
Can now make a tight fist with left hand with very slight stiffness in the middle finger.
Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort, no stiffness.
Body temperature normal. Urine color has Slight reddish precipitate.
Slight overnight discomfort in left middle finger.
Normal sweating overnight and during the day. (Its summertime)

08-11 Thursday

Herxheimer Reaction unnoticeable, sweating normal, no malaise.
Normal energy level today.
No pain in ankles, lower back none, no discomfort in right hand normal.
Left middle finger swelling normal, slightly sensitive - a bit stiff.
Can now make a tight fist with left hand with very slight stiffness in the middle finger.
Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort, no stiffness.
Body temperature normal. Urine color normal.
Slight overnight discomfort in left middle finger.
Normal sweating overnight and during the day. (Its summertime)

08-12 Friday

Herxheimer Reaction unnoticeable, sweating normal, no malaise.
Normal energy level today.
No No No pain in ankles, lower back none, no discomfort in right hand normal.
Left middle finger swelling normal, slightly sensitive - a bit stiff.
Can now make a tight fist with left hand with very slight stiffness in the middle finger.
Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort, no stiffness.
Body temperature normal. Urine color normal.
Slight overnight discomfort in left middle finger.
Normal sweating overnight and during the day. (Its summertime)

The Center for Advanced Medicine

America #539 Norte * Col. Centro * Monterrey * Nuevo Leon * Mexico 64000 * USA Phone 360-547-1100

Herxheimer Reaction Record

Patient's Name: Available on Request

Start Date: July 2, 2005

Week 6

08-13 Saturday

Herxheimer Reaction unnoticeable, sweating normal, no malaise.

Normal energy level today.

No pain in ankles, lower back none, no discomfort in right hand normal.

Left middle finger swelling normal, slightly sensitive - a bit stiff.

Can now make a tight fist with left hand with very slight stiffness in the middle finger.

Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort, no stiffness.

Body temperature normal. Urine color normal.

Slight overnight discomfort in left middle finger.

Normal sweating overnight and during the day. (Its summertime)

Administered medication "A" after supper.

08-14 Sunday

Herxheimer Reaction unnoticeable, sweating normal, no malaise.

Normal energy level today.

No pain in ankles, lower back none, no discomfort in right hand normal.

Left middle finger swelling normal, slightly sensitive - a bit stiff.

Can now make a tight fist with left hand with very slight stiffness in the middle finger.

Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort, no stiffness.

Body temperature normal. Urine color normal.

Slight overnight discomfort in left middle finger.

Normal sweating overnight and during the day. (Its summertime)

Administered medication "A" after supper.

08-15 Monday

Herxheimer Reaction unnoticeable, sweating normal, no malaise.

Normal energy level today.

No pain in ankles, lower back none, no discomfort in right hand normal.

Left middle finger swelling normal, slightly sensitive - a bit stiff.

Can now make a tight fist with left hand with very slight stiffness in the middle finger.

The Center for Advanced Medicine

America #539 Norte * Col. Centro * Monterrey * Nuevo Leon * Mexico 64000 * USA Phone 360-547-1100

Herxheimer Reaction Record

Patient's Name: Available on Request

Start Date: July 2, 2005

Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort, no stiffness.

Body temperature normal. Urine color has slight reddish precipitate.

Slight overnight discomfort in left middle finger.

Normal sweating overnight and during the day. (Its summertime)

08-16 Tuesday

Herxheimer Reaction unnoticeable, sweating normal, no malaise.

Normal energy level today.

No pain in ankles, lower back none, no discomfort in right hand normal.

Left middle finger swelling gone, less sensitive than yesterday.

Can now make a tight fist with left hand with very slight stiffness in the middle finger.

Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort, no stiffness.

Body temperature normal. Urine color has slight reddish precipitate.

Slight overnight discomfort in left middle finger but less than yesterday.

Normal sweating overnight and during the day. (Its summertime)

08-17 Wednesday

Herxheimer Reaction gone, sweating normal, no malaise.

Normal energy level today.

No pain in ankles, lower back none, no discomfort in right hand normal.

Left middle finger normal.

Can now make a tight fist with left hand with normal feeling in the middle finger.

Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort, no stiffness.

Body temperature normal. Urine color normal.

Slight overnight discomfort in left middle finger but now even less than yesterday.

Normal sweating overnight and during the day. (Its summertime)

08-18 Thursday

Herxheimer Reaction gone, sweating normal, no malaise.

Normal energy level today.

No pain in ankles, lower back none, no discomfort in right hand normal.

Left middle finger normal.

Can now make a tight fist with left hand with normal feeling in

Herxheimer Reaction Record

Patient's Name: Available on Request

Start Date: July 2, 2005

the middle finger.

Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort, no stiffness.

Body temperature normal. Urine color normal.

Overnight discomfort in left middle finger barely perceptible.

Normal sweating overnight and during the day. (Its summertime)

08-19 Friday

Herxheimer Reaction gone, sweating normal, no malaise.

Normal energy level today.

No pain in ankles, lower back none, no discomfort in right hand normal.

Left middle finger normal.

Can now make a tight fist with left hand with normal feeling in the middle finger.

Right hand normal, can make a strong fist and flex fingers with no pain, no discomfort, no stiffness.

Body temperature normal. Urine color normal.

Overnight discomfort in left middle finger barely perceptible.

Normal sweating overnight and during the day. (Its summertime)

March, 25, 2006

It has been almost 9 months since I completed the protocol that returned me to normal from an amoeba infested body that was year by year becoming increasingly more painful as the arthritis within me grew stronger and I grew weaker and suffered more pain. For me it is wonderful. No more shooting pains in my feet and knees when I walked. No more of the occasional back pain that would strike without warning. In short I think I am cured or if not cured in a good remission. I have taken my first booster at six months with no Herxheimer reaction which indicates that the amoebas are gone.

My story of how I beat Arthritis in just six weeks. Will this be a cure or a remission? The research says that there is a chance that I can be re-infected, but with boosters every six months this risk is minimized. I was pleased to not have even a reduced Herxheimer when I took the booster. Even if I should get a mild Herxheimer when I take future boosters, I know that the medicine will do its job and I will be OK.

Compared to how I felt last June, I am a different person today. Several years ago I would stand on one leg and when I put on my socks in the morning to keep my sense of balance sharp. Then the arthritis progressed to the point that could no longer do this. It

The Center for Advanced Medicine

America #539 Norte * Col. Centro * Monterrey * Nuevo Leon * Mexico 64000 * USA Phone 360-547-1100

Herxheimer Reaction Record

Patient's Name: Available on Request

Start Date: July 2, 2005

just crept up on me and I really didn't think too much of it back then, blaming a lack of flexibility on growing old. Today I no longer believe that losing flexibility has something to do with growing older. I think it has to do with our health in general and more likely the arthritis or other things that try to rob us of our humanity.

I am now able to stand on one foot and put on a sock on the other without falling over! I feel just great three weeks after the completion of the protocol (today is September 9, 2005). I have had no form of a relapse, no swelling, no nothing. If I am not cured and I am only in remission I don't care. I will take my booster in 6 months and watch myself. I am living proof that Rheumatoid Arthritis is what the research I found says it is, not the 200-300 different diseases who the main stream medical community has cataloged and then treats with expensive and ineffective drugs and medications. The research shows that arthritis can migrate to any tissue in the body, thus provoking the many different symptoms, but it is all one disease caused by those little one celled amoebas. Now we have the medicine that will kill them and rid the body of their toxins that result in RA and probably many other diseases as well.

September 12, 2007

It has now been over 2 years since my arthritis symptoms have been gone. I took the booster two times. Once at six months after the 6-week protocol and then a year later. No herxheimer reaction at either time. I have skipped the boosters for the last year, but did get an ache in my foot so I took the booster for 3 days and it disappeared. If I should get that pain again I will take the booster for one complete week next time if it happens. For me I think that my immune system is back in control of the amoebas instead of the other way around.

To your Health,

George Ballard
Executive Director
The Center for Advanced Medicine
Monterrey, Mexico